

Dear Parent/Carer,

**Re: Year Two Sex, health and relationship education (RSE)**

During Summer Term, we will complete our 'Changing Me' unit of work. This will be delivered as part of our on-going Personal, Social and Health education (PSHE), which is delivered throughout the school. As of September 2020, it is compulsory for all primary schools to deliver Health and Relationship Education. It has remained non-statutory to deliver Sex Education in primary schools, but compulsory to teach National Curriculum topics: 'Growing from birth to old age', and 'Reproduction in some plants and animals'. We feel that Sex Education has an essential role in keeping all of our children safe through ensuring that they are adequately prepared for the changes that their bodies will experience and are able to understand why these changes occur. Therefore, as a school, we teach age-appropriate content. If you would like to find out more about the statutory Health and Relationship Education content, please do not hesitate to speak to your child's teacher.

Year Two Content:

Your child will be engaging with the following learning:

Summer 1:

Weekly celebration	Pieces	Learning intention
Know how to make friends	Families	I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate.
Try to solve friendship problems when they occur	Keeping safe- exploring physical contact	I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not.
Help others to feel part of a group	Friends and conflict	I can identify some of the things that cause conflict with my friends.
Show respect in how they treat others	Secret	I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret.
Know how to help themselves and others when they feel upset or hurt	Trust and appreciation	I recognise and appreciate people who can help me in my family, my school and my community.
Know and show what makes a good relationship	Celebrating my special relationships	I can express my appreciation for the people in my special relationships.

Summer 2:

Understand that everyone is unique and special	Life cycles in nature	I can recognise cycles of life in nature.
Can express how they feel when change happens	Growing from young to old	I can tell you about the natural process of growing from young to old and understand that this is not in my control.
Understand and respect the changes that they see in themselves	The changing me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.
Understand and respect the changes that they see in other people	Boys' and Girls' bodies	I can recognise the physical differences between boys and girls, use the correct names for parts of the body- penis, anus, testicles, vagina. I understand that parts of my body are private.
Know how to ask for help if they are worried about change	Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like.
Looking forwards to change	Looking ahead	I can identify what I am looking forward to when I move to my next class.

Our 'Changing me' unit of work is based on the Jigsaw PSHE and RSE Scheme of work. We have carefully chosen the resources we use to support our teaching to ensure they are appropriate to the age and needs of the children.

Your child will also be taught some new vocabulary in a sensitive and caring way that will give them opportunities to ask further questions. These can either be discussed as a class, privately or passed on to you as a parent should you so wish.

If you would like more information regarding the lessons and what will be covered, please email your child's class teacher. In other circumstances, we would welcome you into our classroom to discuss but this unfortunately cannot be done at this time. If you would prefer a verbal discussion, then please contact your class teacher to arrange a phone call. If we do not hear from you, it will be assumed that you have read, understood and consented to the above RSE lessons.

Yours faithfully,

Mrs Ashforth ([cea37@coppice.worcs.sch.uk](mailto:cea37@coppice.worcs.sch.uk)), Miss Jones ([zj35@coppice.worcs.sch.uk](mailto:zj35@coppice.worcs.sch.uk)) and Miss Allen ([kal62@coppice.worcs.sch.uk](mailto:kal62@coppice.worcs.sch.uk)).