

6th June 2018

Dear Parent/Carer,

Re: Year 1 Sex and Relationships Education

We will shortly be beginning some work in Year 1 about 'Growing and Changing'. This work forms part of an ongoing programme of Sex and Relationships Education, which we deliver throughout the school. The 'Growing and Changing' topic covers some elements of Science and some Personal Social and Health Education (PSHE).

Your children will be engaging with the following questions as part of this work:

- Who is special to me and why?
- What are my friends like and how are we different?
- What are the different emotions I might feel?
- Who can I share my emotions with?
- What can I do to look after my body?
- How is my body special?
- How do babies change and grow?
- What are the names of the main parts of the body?
- What are my responsibilities now I'm older?

We encourage you to discuss any of these areas with your children before during or after our topic, as children and young people say that they greatly value being able to talk to their parents about these issues.

Our 'Growing and Changing' Unit of Work is based on the Worcestershire PSHE Scheme of Work. We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children.

The lesson plans and resources will be made available for you to read prior to us delivering these lessons. If you would like to view these or discuss the content of the lessons with your child's teacher, we will be available after school on **Tuesday 12th June, in Class 1H between 3.20 – 3.40pm**. If you are unavailable at this time but still have a query, we are happy to speak with you at another time.

Yours faithfully,

Year One Class Teachers