Restart a Heart Competition

Year 5 and 6 children will be taking part in ‘Restart a Heart’ day in school on 16th October where they will be learning ‘Restart a Heart’ CPR.

We are holding a competition in school to design a poster to raise awareness of the Restart a Heart day.

Some ideas could be based around…

* Keeping your heart healthy
* What to do in an emergency
* The Woodrush Hub has a defibrillator next to the door that could be used as lifesaving equipment in an emergency.

All entries need to be returned by 16th October and the Restart a Heart Trainer will be choosing winners for Prizes!

We will also display the best ones in our Phiz Lab. There is more information on the Restart a Heart Website.

Good Luck!

