

# **COPPICE COMMUNITY NEWS**

#### March 2017

Welcome to the third edition of the Coppice Community Newsletter.

Since our last newsletter in November 2015 there have been many exciting events happen at the Coppice. Over the next few pages we hope to bring you an overview of what's on – there is something for everyone!

Our halls continue to be used by several groups on a regular basis including Rainbows, Brownies, JAM Club, Pilates, Stardust Dance Academy, Wythall Writers, Noah's Ark Toddler Group, Zumba, Tae Kwon Do, Force Dance Company and Create Space.

Some of the many exciting things that have happened this year include the Year 5 Production, Choir Concert, Summer Revel, Year 6 Leavers Party and Teacher Training Day.

Some of the more unusual one off events have included Mad March Hare Cycle Sportif, Community Carol Concert, Wedding Fair, Wythall Community Choir Concert and The Brownies and Guides Celebration Service. Not to mentioned countless birthday parties, baptisms and other private party bookings!

Please do not hesitate to contact us if you would be interested in hearing more about what we can offer or if you would like to enquire about a booking.

Claire Emery tel 01564 826709 mobile 07834571810

bookings@coppice.worcs.sch.uk

Aerobics	Diane Dhaliwal	07745946593
Brownies/Rainbows	Nicola Edwards	07811787618
Force Dance	Megan Rawbone	07825816890
Foundation Sport	David Morris	07940502003
Noahs Ark	Dean Taylor	07958447514
Pilates	Caroline Fullerton	07856611173
Stardust Dance Academy	Carla Cameron	07957283608
Tae Kwon Do	Geoff Heath	07974707718
TAG Rugby	Ian Edwards	07968867493
Wythall Writers	Louise Marks	0121 430 4992
Zumba	Marie Sorroll	07954170783





The 77th St. Mary's Rainbows and Brownies meet on a Monday evening in St. Mary's Church.

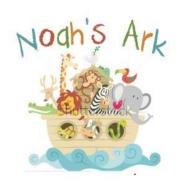
Rainbows is for girls aged 5 - 7 and Brownies is for ages 7 - 10. Rainbows meet from 5pm - 6:15pm and Brownies 6:30pm - 8:00pm.

These groups are a brilliant chance for girls from different schools to socialise together and also an opportunity to learn new skills, play games, make crafts and cook. The list is endless1

If you would like more information about these groups then please contact:

Pauline Robertson for Rainbows 01564 823504 or

Nicola Edwards for Brownies 07811 787618.



# Every Friday from 10 - 11:30 in the hall. £2 per family.

Noah's Ark is a lively and friendly group where parents, grandparents and carers can enjoy a couple of hours each week to sit back, relax and meet friends while their children play and make friends of their own.

We begin with some time to play, with different toys each week to keep it interesting - jigsaws, books, toys, dressing up, play kitchen, tents and tunnels, soft blocks, cars, animals, dolls and teddies to name but a few! We then have story time, followed by fruit and a biscuit and some squash (and a much needed tea/coffee and a biscuit for the grown-ups!). After snack we often have a craft activity such as play doh, chalk boards or making a card for a special occasion. To finish we have song time, with lots of instruments to play.

We have a busy and fun time each Friday morning but last year's highlights included cake sales for MacMillan and Children in Need and a wonderful Christmas party with party food and a visit from Santa!

Dean Taylor: 07958 447514



#### Wythall & Hollywood Taekwon-Do

Run by husband wife team Geoff and Julia Heath, the club was formed in 2001 and is part of one the most respected TKD Associations in Britain, the GTUK. That means the club is regulated by the British Taekwon-Do Council and Instructors are DBS checked and fully licensed.

Taekwon-Do is the Korean martial art system designed for self-defence. Its disciplines are the basis for building self-respect, respect for each other, confidence and resolve. We go to great lengths to make sure our younger members in particular, appreciate the realities of what they are learning and that Taekwon-Do is not simply kicking and punching without reason!

There are many benefits to gain from Taekwon-Do; fitness, flexibility, confidence and focus are just a few good reasons to take up the art. Whatever the motivation we all share fun and friendship along the way.

We welcome new members all year round and this website is very often the first point of contact. Experience tells us there are probably a few things you probably want to ask and we've tried to answer as many as possible, on this site. If you would like further information please don't hesitate to get in touch.

The Club has trained at the main Coppice School Hall for more than 12 years.

Visit www.wythall-tkd.co.uk

Email: geoffheath@btinternet.com

Call: 07974 707718



Pilates Classes every Thursday in St. Mary's hall, Coppice School from 7 - 8pm.

Do you want to strengthen your core, back and generally all over body toning?

If so please ring me for a chat. Caroline 07856611173 Fitness 4 U





#### Fit and Fun with Diana

I am a qualified Aerobics, Pilates, Gym, Spinning instructor and a nutrition advisor. I am registered with the Exercise professionals and am passionate about inspiring and improving the fitness level of all my participants. My aerobics classes are on Mondays at 6pm at Coppice Primary School. Classes are £4 per session

All levels welcome. Follow my lead, enjoy the music, get a great workout and ultimately have fun!

Any questions please email me on dianad1970@hotmail.com



Zumba toning classes run every Tuesday 6:30 - 7:30 £4.50 per session. And High Intensity Interval Training classes run every Sunday 10:00 – 11:00, a 6 weeks course costing £30.

For further details on classes contact Marie 07954170783 mariebrogan@hotmail.co.uk



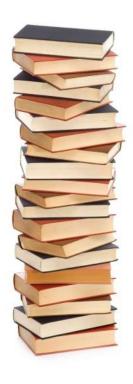
<u>Chess/draughts Club</u> runs every Tuesday lunchtime for children from KS2 (currently Y5/6). At the end of the year we hold a tournament and the winner receives a trophy, certificate and gift voucher.

# **Reading Club**

Every Monday starting at 3.30 - 4.15pm for Years five and six.

We walk over to Woodrush Secondary School next door and it is led by their librarian Mrs Robertson, and Mr McGarry.

We also work alongside Worcestershire Libraries and Learning who give us 6 different books to read. It all leads towards 'The Awesomest' book award. There is a ceremony and a day trip to Worcester County Hall where children get to vote for the best of the 6 books. They also get to meet an author and take part in quizzes that they have made themselves. During the weekly sessions, we will be completing a number of fun activities based around speaking and listening and allowing the children to give their views and opinions on the books we read.





St Mary's is a lively and vibrant church with lots going on. All are welcome to join us for our weekly services:

- Sunday 9.00am Traditional Service of Holy Communion
- Sunday 10.30am Modern Service with children's groups
- Wednesday 11:30am: Short, informal service

For Christians, Easter is the most important festival of the year. Why not join us for our Easter Celebration on 16<sup>th</sup> April, 10.30am, or one of our special Holy Week services the week before?

We also have a Taizé service once a term – a peaceful evening of song and light – our next one is  $9^{th}$  July.

See our website **www.wythallchurch.net** or like our Facebook page **facebook.com/StMarysWythall** to find out more about events as they come up through the year.

For more information contact the church office on 01564 823248 or at churchoffice@wythallchurch.net



Our Elderly Care Group provides activities throughout the year. We are a friendly group and you are very welcome to join us! Activities for 2017 include Pie, Peas and Dominoes, Film Shows, 'Holiday at Home', Tea at 'the Ritz' and Christmas Craft! For more information ring Chris Turner on 0121 430 8478.



The Coppice's JAM (Jesus and Me) club meets in the Coppice Hall on Wednesday afternoons during term time, 3–4:30pm. For more information on this or other activities and groups for young people contact Dean Taylor on 07958 447514 or <a href="mailto:badean@hotmail.co.uk">badean@hotmail.co.uk</a>



Create Space is a monthly event which was started as a response to recognising that creativity has a place in caring for our own well-being and connecting us with each other. We live in a culture where life is non-stop — always on the go, under pressure, multi-tasking to the extreme. Create Space enables you to make time to reflect, respond, process and express yourself through creative means. The cost is £5 which includes all creative materials and refreshments.

More information from the church office 01564 823248 churchoffice@wythallchurch.net or via our facebook page https://www.facebook.com/createspacewythall



### **Coppice Gymnastics Club**

Tuesday 3:15-5:45 younger gymnasts may leave at 4:45 if required

### Years 2-6 (15 infants, 15 Juniors)

For many of our pupils Tuesday Gym Club is their first introduction to formal gymnastics. Pupils are trained to develop the foundation skills required for this sport and follow British Gymnastics Badge Awards Scheme.

The clubs aims to improve confidence by providing opportunities to perform at a Gymnastics Festival and the Coppice Summer Revel.

All children are encouraged to take part in the end of year informal Coppice Gym Competition where they can show off skills they have learned as an individual, in a pair or in a group. T

In addition to this some gymnasts will be invited to take part in an annual Key Steps Competition at Cocks Moors Woods, which Key Stage One gymnasts won this year and Key Stage 2 Gymnasts won Silver. Well done Coppice!

We are currently at full capacity but have a waiting list for those eager to start.

# **Coppice Gymnastics Competition Squad**

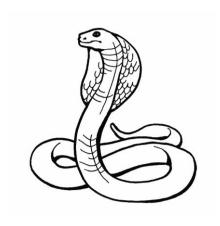
Thursday 3:15-5:45

#### **Invitation Only Years 3-6**

Children are accepted into this club with the intention that they will represent Coppice Primary School in at least one of the three West Midlands Regional Schools competitions.

Pupils are trained by visiting specialists to develop strength, flexibility and co-ordination and many of our teams go on to represent the West Midlands at national level. So far this year Coppice Gymnasts will compete in three National Finals and due to outstanding success in March, the Coppice now have the title of Under 11 Milano Mixed Team National Champions! Wow! To top it off, the three teams from Coppice, combined with a team from Mosely C of E and two teams from Meadow Green won the accolade of the highest scoring region. Well Done West Midlands!

Every September we lose our talented year six gymnasts as they move on to secondary education and so we are always looking for potential gymnasts to join our squad so please join our Tuesday gym club to get your gymnastic journey started and you never know, you may get an invite to trial for the Competition Squad. Trials are held every September.



# **Coppice 'Cobras' TAG Rugby**

This is our 5th year delivering rugby coaching to students at the Coppice. Training is on Wednesdays straight after school and it's a fantastic non-contact sport for both boys and girls.

Unfortunately due to the high demand we can only coach Year 1 and 2 students. Following on from Year 2 we also oversee the transition into club rugby at Birmingham and Solihull RFC. We now have around 35 Coppice students playing rugby in many different age groups at the club, which is fun for the boys and girls as they are amongst friends.

I am a level 2 UKCC Rugby coach, DBS checked, and trained in safeguarding and first aid, I'm helped by 2 ex Coppice students, Adam Trombley and Lewis Edwards, who are always on hand to offer advice to the boys and girls.

We are passionate about providing the boys and girls with a fun environment to learn in, whilst also making sure they learn the basics of the game .

I hope we have many successful years ahead of us at the school Ian Primary Tag Rugby <a href="mailto:Beescoachian@hotmail.co.uk">Beescoachian@hotmail.co.uk</a>



Force Dance Company is a community based dance group, run to give young people the chance to perform in a variety of dance styles and to have a go at choreographing their own pieces if interested in this.

We rehearse once a week in the school hall at Coppice Primary School. Dancers split the cost of the room hire and insurance between them as Force is a non-profit making organisation. Staff give their time for free. Force Dance Company currently has 20 dancers ranging in age from 12-42! Entry is by audition or invitation only and we currently do not have any space.

Woodrush Force is a Gifted and Talented dance group run by Force Dance Company for pupils at Woodrush High School. Entry to this is also by audition, held in the Autumn term each year. Many members of Woodrush Force receive invitations to join the full dance company if they show commitment and the right attitude during their first year.

Both Force Dance Company and Woodrush Force perform as a range of different shows around the West Midlands each year.

Principal choreographer: Megan Rawbone 07825816890



CSS is dedicated to improving a child's life. For 6 years we have provided Coppice School pupils with the opportunity to get inspired via our after school clubs. David Morris who coaches from grassroots through to professional academy is licensed to coach children and adults by the FA.

Throughout the School year we run Football for all Years Two to Six on Mondays 3:25-4:25pm @ £3.00 per session

and Athletics for all Years Two to Six on Fridays 3:25-4:25pm @ £3.00 per session.

Netball for all Y3 - Y6 girls on Mondays 3.25 - 4.25pm @ £3.00 per session

Coppice Kickers for all Reception and Y1 pupils on Tuesdays 3.15 - 4.15pm @ £3.00 per session

Many pupils first introduction to sport is when they attend these clubs which then encourage them to progress to local teams.

CSS also provide sports coaching birthday parties.

For further details contact David Morris <a href="mailto:david89morris@gmail.com">david89morris@gmail.com</a>



Stardust Dance Academy (SDA) was created 16 years ago. Due to recent expansion, Stardust is delighted to now have four full time members of staff and sixteen part time teachers. These teachers, who are trained with the British Theatre Dance Association, British Gymnastic Association and International Dance Teachers Association, work as a team to deliver high quality lessons in schools, nurseries and at the academy. SDA staff hold a mixture of Dance, Early Years and Primary School teachers degrees.

SDA students have the chance to perform in the academy's annual shows and have the opportunity to take their dance medal tests. Stardust prides itself on having a 100% pass rate in medals, with students achieving the highest grades.

Students take part in weekly classes in modern, freestyle, contemporary, commercial, ballet, acro, cheerleading and musical theatre and showcase their work regularly. The academy has over 600 pupils ranging from three years upwards.

The academy's dream has become a reality with dancers performing in shows, carnivals and festivals around the country, including performances at Chance 2 Dance at the Hippodrome, shows at Sadlers Wells, The Queens and Her Majesty's theatres and the Royal Albert Hall. SDA will be performing at the O2 this year.

The classes that we hold at the Coppice School on Wednesdays are as follows:

- 5.30-6.15pm Nursery, Reception and Years 1-2 Street / Performance Dance
- 6.15-6.45pm Acro/Cheerleading Age 3-11 (Children are split into groups)
- 6.45-7.30pm Street / Performance Dance Years 3 upwards.

If you would like information on these or any other local classes, please contact Carla for a friendly chat on 07957 283608 stardustdanceacademy@yahoo.co.uk



Think you might have a novel in you? Or perhaps poetry's more yourthing?

Whatever you like to write or your experience, you will find an appreciative and welcoming audience at Wythall Writers.

We are a friendly group who enjoy writing and improving our skills by meeting and working with others once a month.

#### **Meetings**

At the meetings we:

- •Read out our work based on last months homework topics (see meeting diary for details).
- Discuss contributions and provide constructive critique for development.
- •Bring along pieces of writing we may be working on (or may have resurrected!) that we would like feedback on.
- •Discuss and highlight any relevant writing forums, events and competitions that might be of interest to our members.

We have to date produced seven anthologies of our work, each a compilation of short stories and poetry.

Occasionally we invite authors to our meetings. Their visits tend to be either an inspiring and motivational workshop or a "Question and Answer" discussion.

# **Meeting Details**

We meet every second Thursday of the month at:

The Peter Thompson Room

St Mary's Church

Coppice School

Shawhurst Lane

Hollywood

**B47 5JN** 

From 7:00 pm to 9:00 pm

#### **Fees**

£6 annual membership £2.50 per meeting

Our main aim is to encourage each other to write, never give up the dream, and above all to have fun!

#### **Interested?**

Call any of the members below for more details.

**Louise** 0121 430 **Helen** 824517