

# The Coppice Whole School Newsletter Friday 7th October 2022

Dear Parents and Carers,

I hope that you have all had a good week and are looking forward to the weekend with your children.

#### **Ofsted Inspection:**

I want to start off by saying a huge thank you for all of the good wishes that we received this week on notification of our latest Ofsted Inspection. Obviously, an inspection is a very important milestone in the life of a school and, for so many of you to wish us luck, both before and during the inspection, meant a great deal to all of the staff. I also want to thank all of you who took the time to complete the parental survey. This is a very important component of the inspection process so, to have as many of you complete it as you did, was hugely appreciated. The Lead Inspector commented to me on their surprise at just how many responses had been received and stated that this was unusual from their vast experience in carrying out inspections. I have to say as well that I was bowled over by some of the lovely comments that were written. The comments are not published but do inform part of the Inspectors' overall judgement. Unfortunately, though, we are not allowed to read them. However, the Lead Inspector was kind enough to read some of them to me during one of our meetings. I'm not lying when I say that they actually made me feel quite emotional. Your support of both the school and me personally was incredible and I can't thank you enough.

With regards to the inspection itself, we are not allowed to state or publish the grading that we were given, as this must remain confidential until the official report is published. This must be within thirty days of the end of the inspection itself. Therefore, there will be a little bit of a wait I'm afraid, which I know can be frustrating. Nevertheless, those are the rules and we have to abide by them. What I will say, at this stage though, is that, overall, we are happy with how the inspection process went and the judgements that were made. We will of course publish the report as soon as we are able and all families will receive an emailed copy.

Finally, and most importantly, your children, throughout the inspection, were an absolute credit to their school, their parents and carers and themselves. The inspectors were hugely impressed by our 'Coppice Way' behaviour culture and noted that this was a huge strength of the school. All of the children, from Nursery through to Year 6, showed this off through their conduct and learning and I am incredibly proud of them all! I visited every class to tell them as much and, quite rightly, they were thrilled with the praise!

#### St. Mary's 'Scoff':

A huge thank you from St. Mary's Church, to those families who attended the first ever 'Scoff' after-school session on Wednesday. Fifty families attended where they enjoyed a delicious, free meal as well as some art and craft activities. This was a huge success and will run on a weekly basis during Term-time from now on.

#### **Anti-bullying:**

Our assemblies for Years 1 – 6 on Monday will focus on anti-bullying. Thankfully, at The Coppice, bullying is an extremely rare occurrence due to the culture of kindness and respect that we work so hard to instil every day. Nevertheless, we don't take this for granted and we make sure that we spotlight the issue to the children. It is very important that, as Parents and Carers, you are informed about how to spot the signs of bullying and what to do if you think your child is being bullied. I have therefore attached a helpful parental guide to this newsletter for information. Please remember also that our Anti-Bullying Policy is on the school website. Please scroll to the end of the newsletter to see the guide.

That just leaves me, as always, to wish you a restful and enjoyable weekend – I know the staff are very much looking forward to it too! We therefore look forward to seeing you all bright and early on Monday morning.

Kind regards,

Mr.Hutt (Headteacher – The Coppice Primary School)

### Star of the Week - Hot Chocolate



## Online Training for Parents/Carers of children with Autism

Herefordshire and Worcestershire ICB have commissioned Autism West Midlands to deliver online training for parent carers who have a child on the assessment pathway or an ASC diagnosis. The dates are as follows:

- Monday 17th October 2022 9.30 12.00 Sensory Differences and your child
- Monday 7th November 2022 9.30 11.00 Autism and Communication
- Monday 21st November 2022 9.30 -11.00 Autism and Behaviour
- Monday 12th December 2022 9.30 11.00 Autism and Anxiety

Registration on these sessions includes a recording to watch later. To book the sessions, Parents/Carers should visit Autism West Midlands's site at <a href="https://autismwestmidlands.org.uk/events">https://autismwestmidlands.org.uk/events</a>

If you have any questions then please contact Mr McGarry at cm362@coppice.worcs.sch.uk

## Uniform Shop - Monday 24th October 2022



## **Community News**



\*Hollywood United FC\* are pleased to announce we will be running our first football school holiday club at Woodrush Rugby/Football Club this October half term. With football pitches and equipment all on site we are ready and raring to go!!! ©

We have on-site indoor facilities for break and lunchtimes and for activities and games. Children will need to bring their own pack lunch and refreshments will be provided. Please see further details below:

October Half Term
Mon 24<sup>th</sup> Oct
Tues 25<sup>th</sup> Oct
Wed 26<sup>th</sup> Oct

<u>Hours</u> 8:30am - 3:30pm <u>Price</u>

Price £18 per day All 3 days £50

FA Qualified coaches DBS checked Safeguarding and First Aid Trained

<u>Location</u> Woodrush Rugby/Football Club Icknield Street, Birmingham, B38 OEL.

Spaces are limited so please get in quick if you are interested for your child. If you are interested let me know ASAP via direct message as places are limited.

Many thanks

Jamie Petty
07833085170









#### OCTOBER HALF-TERM HOLIDAY CAMP

We are pleased to inform you that we will be running our Holiday Activity Camp at Meadow Green Primary School once again, providing children with the opportunity to experience some great new activities!

Where: Meadow Green 56 Meadow Rd, Wythall, B47 6EQ

When: Monday 24<sup>th</sup> – Friday 28<sup>th</sup> October 2022

What: From Arts and Crafts, Dodgeball and Archery, to a range of multi sports and team

games - we have plenty of activities in store for everyone!

Who: Ages 5 - 11 with activities for all abilities

Normal Hours

Time: 10am - 3pm

Price:

£75 for five days (Mon - Fri)

https://www.premier-education.com/parents/venue/courses/24204-796586/

£17.50 for single day flexi bookings

https://www.premier-education.com/parents/venue/courses/24204-796588/

Xtra Time Option Early drop off: 9.00am Late Pick up: 4.00pm

Price: £5 per day (select 'Xtra time' in preferences when booking online)

Additional information: Please bring a packed lunch, water bottle and appropriate clothing for activities which will be both inside and outside

Excellent



\* Trustpilot



#### OCTOBER HALF-TERM HOLIDAY CAMP

We are pleased to inform you that we will be running our Holiday Activity Camp at St Patricks C of E Primary School once again, providing children with the opportunity to experience some great new activities!

Where: St Patrick's C of E Primary School, Earlswood, Solihull B94 6DE

When: Monday 24th - Friday 28th October 2022

What: From Arts and Crafts, Dodgeball and Archery, to a range of multi sports and team

games - we have plenty of activities in store for everyone!

Who: Ages 5 - 11 with activities for all abilities

Normal Hours Time: 10am - 3pm

Price:

£75 for five days (Mon - Fri)

https://www.premier-education.com/parents/venue/courses/16580-795550/

£17.50 for single day flexi bookings

https://www.premier-education.com/parents/venue/courses/16580-795552/

Xtra Time Option Early drop off: 9.00am Late Pick up: 4.00pm

Price: £5 per day (select 'Xtra time' in preferences when booking online)

Additional information: Please bring a packed lunch, water bottle and appropriate clothing for activities which will be both inside and outside

Excellent



\* Trustpilot

### **Contact Details**

Thank you for reading our Whole School Newsletter. Now click on the link below to access your Year Group Newsletters.

Click here

#### **CONTACT US**

School office -01564 826 709

School email—office@coppice.worcs.sch.uk

Text service - 07984441282 - Use this number to text a child's absence

OUR ONLINE LINKS

School website-<u>http://www.coppice.worcs.sch.uk/</u>

Newsletter-http://www.coppice.worcs.sch.uk/

PTA-https://www.pta-events.co.uk/coppice/#.Wv1BYDQvypo

Official Facebook page- <a href="https://www.facebook.com/coppiceps/">https://www.facebook.com/coppiceps/</a>

PTA Facebook group—<a href="https://www.facebook.com/groups/320191721984039/">https://www.facebook.com/groups/320191721984039/</a>







# A PARENT/CARER'S GUIDE TO ANTI-BULLYING

If your child has previously experienced or is currently experiencing bullying behaviour, it can be a very upsetting and emotional time. You may also feel quite isolated and anxious about what to do to support them and resolve the situation. In this guide, we will explore bullying behaviour and definitions, some of the most common signs to look out for if you know or suspect that your child is experiencing bullying behaviour and practical next steps towards a solution.

#### **BULLYING FACTS IN THE UK**

The national centre for social research found that 47% of young people reported that they had experienced bullying behaviour by the age of 14. (Brown, Clery & Ferguson, 2011)

The number of children and young people who have experienced cyber-bullying behaviour has increased by 88% in five years, according to the NSPCC Report. (2015/16)

16,493 young people aged 11-15 are absent from school due to bullying behaviour. [Clerly, 2011]

#### THE DIANA AWARD'S DEFINITION OF BULLYING BEHAVIOUR\_

Repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe. This can happen both online and offline.

#### TYPES OF BULLYING BEHAVIOUR





Verbal bullying behaviour is the repeated, negative use of speech, sign language or verbal gestures to intentionally hurt others e.g. using hurtful words, discriminatory or offensive language or swear words.



Indirect bullying behaviour is the repeated, negative use of actions which are neither physical nor verbal to intentionally hurt others e.g. spreading rumours, purposefully excluding another person, damaging or stealing someone's property or cyberbullying.





Physical bullying behaviour is the repeated, negative use of body contact to intentionally hurt others e.g. kicking, punching, slapping, inappropriate touching or spitting.





# SIGNS TO LOOK OUT FOR IF YOU BELIEVE YOUR CHILD IS EXPERIENCING BULLYING BEHAVIOUR

- Isolation from social groups or gatherings
- Changes in personality (quieter or acting out for attention)
- Fall in school grades
- Defensive body language
- Stopped doing activities they enjoy
- Regularly truants from school
- . Does not want to go to school
- · Being upset before or after school
- · Being secretive and hiding their phone or other devices

## HOW TO HELP YOUR CHILD IF THEY ARE EXPERIENCING BULLYING BEHAVIOUR

It can be hard as a parent/carer to find out your child is experiencing bullying behaviour. If your child tells you that this is happening, listen to them carefully, thank them for confiding in you and remain calm.

#### STEP ONE

Speaking to your child\_

- Unhelpful responses include: 'just ignore it',
   'man up', 'stop telling tales' or 'it is just a
   normal part of growing up'. Instead, try helpful
   responses like 'Thank you for telling me', 'We
   will get through this together' or 'I will support
   you through this'.
- Focus on acknowledging how they feel rather than dismissing it. Try to remain calm and provide them with reassurance that you're there to support them and together you will find a solution.

#### STEP TWO

Get all the facts

Use active listening, approach
conversations with no expectations/
hidden agenda and don't ask leading
questions. Instead, encourage your
child to tell you what has been happening
in their own words. Avoid blaming
language such as 'I told you not to
wear that to school'; remember that
experiencing bullying behaviour is never
the young person's fault.

#### STEP THREE

Work with others who can help you

- Work with the school: There are a lot of school staff who can support your child to take positive next steps. This sometimes includes the school's pastoral lead or SENCo (Special Education Needs Coordinator). Schools must have measures in place to prevent bullying behaviour and should have an Anti-Bullying Policy and a procedure to follow when incidents take place. Check the school website or ask to see a copy of these documents so you can work with the school to resolve this together.
- Other parents: You may be tempted to speak to other parents or even post something on social media. This can be detrimental, as it could exacerbate the situation.





## HOW TO HELP YOUR CHILD IF THEY ARE EXPERIENCING ONLINE BULLYING BEHAVIOUR

In addition to the above:

- Encourage your child to talk to you about what has happened. They may also have a teacher who they trust and can go to for support in school too.
- Report the post/video or photos on the app/online platform. All online apps/platforms have online Help Centres where they outline the steps to report content. In most situations, reporting content is anonymous, so the person who posted the content will not know who reported it.
- Block the person posting the content. This will stop them from being able to message your child.
- Save the evidence by screenshotting.
- Encourage your child not to reply or answer back, however tempting it may be.
- Stay positive.
- If your child is ever in immediate danger, ring 999.

#### **Further Support:**

For FAQs and further support, take a look at our support centre here: www.antibullyingpro.com/support-centre

Keep up with the latest technology and social media here: www.net-aware.org.uk

For a more detailed look at bullying behaviour and the psychology behind this behaviour, visit the Anti-Bullying Alliance's website and complete the e-learning modules: www.anti-bullyingallaince.org.uk/tools-information

The Diana Award Crisis Messenger provides free, 24/7 crisis support across the UK. If you are a young person in crisis, you can text **DA** to **85258**. Trained volunteers will listen to how you're feeling and help you think through the next step towards feeling better.

The Diana Award trains young people in schools to stand up to bullying behaviour – if you would like us to come to your child's school, tell their school teachers about The Diana Award's free Anti-Bullying Ambassador Programme. <a href="https://www.antibullyingpro.com">https://www.antibullyingpro.com</a>

#### References\_

Brown, Clery & Ferguson (2011). Estimating the prevalence of young people absent from school due to bullying. National centre for social research. Found here:

http://natcen.ac.uk/media/22457/estimating-prevalence-young-people.pdf

NSPCC (2015/16) What children are telling us about bullying. Childline bullying report 2015/16. Found here: https://learning.nspcc.org.uk/media/1204/what-children-are-telling-us-about-bullying-childline-bullying-report-2015-16.pdf

Clery (2011), Estimating the prevalence of young people absent from school due to bullying. Nat Cen Social Research that works for society. Found here: http://natcen.ac.uk/gur-research/research/estimating-the-prevalence-of-young-people-absent-from-school-due-to-bullying/



We're proud to be the only charity set up in memory of Diana, Princess of Wales and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

Throughout all of our programmes and initiatives 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours for young people by young people.

We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors you can make a £5 donation by texting CHANGE 5 to 70470 or visit diana-award.org.uk/donate

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